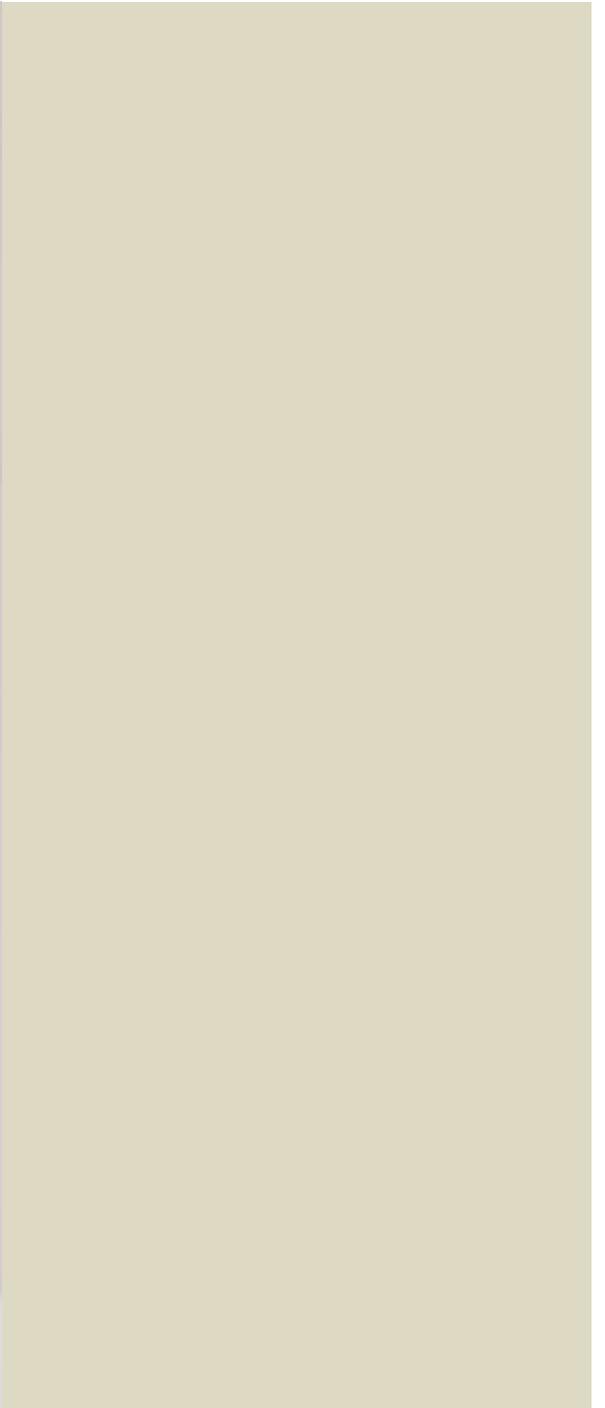


HERCULUM SPA

wellness menu



Facial treatments collection

Eau Thermale Herculane

IVAPUR

50 min Lei 149

Fresh skin / hydration / remineralization

Herculane Thermal Water is the essence of our facial treatments. For the skin that lives in pollution it is the ideal treatment. Deep cleansing, but delicate with any type of skin, wild velvet extract for efficient hydration and a cooling sensation with pure water directly from nature, ensures a skin that breathes, with absolutely radiant appearance!

IVATHERM for him

50 min Lei 149

Soothing / moisturizing / repairing

Men's skin needs special care, and Herculane Thermal Water mainly treats sensitive skin, balances it and protects it against the passage of time. Essential oil of Red Juniper and Mint extract for a healthy skin. A relaxing scalp massage completes the experience!



UNA

80 min Lei 199

Anti-aging / smoothing lines/ redefined face contour

"Express your emotions, we take care of your wrinkles." UNA skin care range from Ivatherm excels in skin regeneration through a concentrated cocktail of plant stem cells and hyaluronic acid. The treatment starts with a warm aroma compress for the feet and also includes a complete pampering hands treatment. The skin is revitalized, nourished and toned.

Lifting by IVATHERM

80 min Lei 199

Natural lifting / toned skin, rejuvenated

Ingredients that stimulate the production of collagen, elastin and hyaluronic acid, extract of brown algae and vitamin E, for a guaranteed lifting effect, smooth skin, with strongly diminished lines. Herculane Thermal Water brings the freshness and richness of minerals so beneficial to the skin. The treatment begins with a back massage for complete relaxation and recovery.

Massages at Afrodita

How would you like to feel after the massage?



MOMENTUM

50 min Lei 149

Healing / high energy or relaxation "ad Mediam"

Leave the world and worries outside for just this moment dedicated to you! Talk to your therapist and choose together one of our special formulas for: relaxation, revigoration, detox or elimination of stress and pain. He will know how to adapt the techniques according to your needs and the desired result. The powerful essential oils recharges your body and relaxes your mind. May start breathing deeply three times ...

HOT STONE MASSAGE

75 min Lei 195

Deep relaxation / elimination of stress and chronic fatigue

It is perhaps the most effective spa treatment for stress reduction! It combines the therapeutic effects of deep manual massage with those of massage with heated basaltic stones and the power of essential oils. The face will be massaged alternately with hot and cold stones, a delight for all the senses. It balances the chakras and brings well-being.

AFRODITA It's me

50 min Lei 149

Beautiful skin / well-being / for him, too

Massage with honey. Hydrates intensely, exfoliates gently and nourishes for a silky appearance. The technique of this massage causes an increased circulation of blood in the deep layers of the skin and muscles, giving the internal organs and tissues a rich amount of nutrients. The treatment starts with a warm compress with mint aroma for the feet. The skin was never so pampered!

BAMBOO STICKS MASSAGE

50 min Lei 149

Toning / detoxifying / body shaping / for him, too

Toning massage, which helps with detoxification, cellulite removal and body shaping. You can also opt for this massage for relaxation and to eliminate the accumulated fatigue. Our signature formulas are available for any massage.

„ON THE GO” masaj

35 min Lei 115

Partial massage / the most common areas of stress and tension accumulation

With so many places to visit in Herculane and the surrounding area, a partial massage is an option. Choose according to your needs: back massage, foot massage in pressure points to balance the whole body, or treat insomnia and headaches with a particularly relaxing scalp massage. Flavorful aromas!

NOTE: Apart from Hot Stone Massage and Bamboo sticks Massage, all other massages are available for couples in our special couples room. The partners may choose different massages, but these must be within the same time interval.

Body treatments collection

For ladies and gentlemen!



IVATHERM body

50 min Lei 149

Intense hydration / silhouette reshaping

A gentle exfoliation of the skin to remove impurities is followed by a massage with concentration on areas affected by cellulite or heavily dehydrated. Natural extracts from a tree growing in the Amazonian forest, Viola Tricolor and other active ingredients ensure an infusion of

nutrients, deep hydration and firmer skin. "Resveratrox" has proven 30 times more effective than caffeine in combating cellulite and other agents strongly stimulates collagen synthesis for a guaranteed result. The skin is slightly warmed in treatment and then cooled down with miraculous splashes of Herculane Thermal Water.



PURITY in black & white 35 min Lei 115

Excellent scrub / purified, balanced, hydrated skin

Sea salt from the island of Aphrodite and activated charcoal. Exfoliation should be the weekly care routine for healthy skin, and in the spa is the recommended treatment before any other experience. For gentlemen- "She will appreciate", so it's worth a try! To be suitable for sensitive skin, we crush the sea salt with mortar and pestle, then mix it with the black powder and a teaspoon of honey. Besides the purifying effect, the mineral richness of the sea salt ensures a beautiful and radiant skin at the end. Medicinal charcoal is a re-discovered ingredient that combats the effects of pollution, premature aging and even skin cancers. The skin is moistened with Herculane Thermal Water before scrubbing. A gift for your skin!

DETOX overwrap 50 min Lei 149

Aromatherapy to detox

Exfoliation with activated charcoal and honey, followed by massage and wrapping in shea butter and essential oils with powerful drainage

and detoxifying properties: Laurel, Pine, Basil and Rosemary.

Rosemary is a health elixir appreciated since ancient times. "Laurel", worn by Roman emperors, has excellent anti-inflammatory properties. Pine is a diuretic but also an excellent sedative, and Basil is for sure the hero of many Romanian healing legends. Detoxification comes to the aid of those suffering from joint or muscular pain, as well as in case of an increased level of stress.

APHRODITE HERB MIX overwrap 50 min Lei 149

Aphrodisiac and healing recipe/ aromatherapy

Exfoliation with sea salt, followed by massage and wrapping in shea butter and essential oils from Aphrodite Herbs recipe. Among them, Basil, the "herb of kings", with a profoundly masculine, fresh and dazzling scent, and its faithful pair, Sage, with the deeply feminine, passionate and enveloping scent, help those who no longer have time to love. Rosemary, Thyme, Wild Thyme, Mint, Lavender, Marjoran and Melissa all have the power to make you a master of seduction, just like Aphrodite.



Reservations and Information

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* All prices are coted in Lei, can be changed without notification and include VAT.